

CNH24 Provide Microsystems Acupuncture to clients

OVERVIEW

This standard focuses on the practitioners' ability to insert solid needles into specific, well defined areas of the body which reflect the whole of the body, both structurally and functionally in a topographic manner in order to reflexively regulate corresponding body structures and systems, for disease prevention, therapy or maintenance of health.

Users of this standard will need to ensure that practice reflects up to date information and policies.

Version No 1

KNOWLEDGE AND UNDERSTANDING

You will need to know and understand:

1. the history, principles and development of Microsystems Acupuncture
2. the rules, ethical standards and codes of conduct of Microsystems Acupuncture
3. the importance of, and need to develop, a sensitive and intuitive approach to clients and their needs
4. the importance of building a relationship of trust and support
5. the importance of treating every client as an individual
6. the importance of encouraging the client to be actively involved in their treatment
7. the different assessment methods which may be applicable for assessing the client's needs and evidence of their efficacy
8. the importance of obtaining written informed consent before touching the client
9. the importance of recognising and maintaining the client's legal and ethical rights to confidentiality
10. how to analyse an individual using the appropriate Microsystems Acupuncture techniques and a case history (which includes medical conditions and other

factors conveyed by the client together with the acute/chronic nature of each issue and the client's priority for improvement)

11. the treatment options available to a Microsystems Acupuncture practitioner and how they should be implemented
12. how to locate and recognise areas of functional imbalance and/or resistance, and facilitate the client's innate self-healing ability
13. how to facilitate the integration of therapeutic changes which may have occurred during treatment
14. how to identify and work with the following responses to the treatment:
 - a) physical
 - b) emotional
 - c) psychological
 - d) no response
15. how to respond to the physiological presentation of shock, emotional and/or physical trauma during the treatment
16. how to recognise the completion of an individual's therapeutic process and leave them grounded and balanced
17. the potential outcomes of Microsystems Acupuncture:
 - a) resolution of the problem
 - b) increase in well-being
 - c) supporting the client in their process
 - d) healing reactions
 - e) abreactions
 - f) no change
18. how to evaluate the outcomes and effectiveness of Microsystems Acupuncture
19. how to recognise those occasions when Microsystems Acupuncture may be appropriate and/or may complement other healthcare which the client is receiving
20. how to recognise conditions for which Microsystems Acupuncture alone would be ill advised and for which the client should seek advice from other sources
21. the circumstances when you may choose not to accept a client or to cease treating a client:
 - a) Microsystems Acupuncture is unlikely to succeed
 - b) the client does not want Microsystems Acupuncture
 - c) you do not wish to provide Microsystems Acupuncture
22. how Microsystems Acupuncture is contra-indicated

23. the range, purpose and limitations of different methods, which may be used for different clients with different needs
24. how to determine the most appropriate method(s) for different clients and their particular needs
25. how to tailor treatment appropriately for each individual
26. how to assess the appropriateness of self-care strategies for the client
27. relevant anatomy for safe needling practice
28. relevant microbiology for safe clinical practice
29. relevant physiology, pathology and pharmacology
30. the limits of your competence, training and expertise, and when to refer the client on to other practitioners
31. the procedures for record keeping in accordance with legal and professional requirements

PERFORMANCE CRITERIA

You must be able to do the following:

1. consult with the client and plan the Microsystems Acupuncture
2. ensure that the interventions used are within your scope of practice
3. obtain written informed consent to Microsystems Acupuncture
4. check that the environment meets the clients needs
5. ensure that any equipment and materials are ready for use and meet professional codes of practice, health and safety, legal and organisational requirements
6. prepare yourself appropriately to provide Microsystems Acupuncture
7. position the client for effective Microsystems Acupuncture and to give as much comfort as possible
8. carry out the Microsystems Acupuncture safely and correctly
9. make appropriate adjustments to the Microsystems Acupuncture to meet any changing needs
10. deal effectively with the client's response to the Microsystems Acupuncture
11. check the client's well-being throughout and give reassurance where needed
12. work with other professional, support staff, clients and users, relatives and carers

13. provide clear and accurate advice with regard to any relevant aftercare
14. evaluate the outcomes and effectiveness of the Microsystems Acupuncture to inform future plans and actions
15. complete and maintain records in accordance with professional and legal requirements

ADDITIONAL INFORMATION

This National Occupational Standard was developed by Skills for Health.

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB7 Interventions and treatments

RELATED FUNCTIONS

Principles of Good Practice

CNH1 Explore and establish the client's needs for complementary and natural healthcare

CNH2 Develop and agree plans for complementary and natural healthcare with client